

# TRANSITIONS

*Black Hills Workshop & Training Center*

P.O. Box 2104, Rapid City, SD 57709

## Outstanding Achievement Award Winners

### honored

Congratulations **Matt Blauvelt, Richard Booth, Ben Roth, and David Tanner** who were each honored with *Outstanding Achievement Awards* at our annual Recognition Gala, Saturday, October 30. **Andrea Schaefer** received our *Community Connection Award* and **Forest Recreation Management** and the **Forest Service** together received our *Volunteer Award*.

#### Outstanding Achievement Award Winners

**Matt Blauvelt** works at Rapid City Regional Hospital on the Black Hills Workshop's contract there. During the summer, he also works on our lawn crew. "Matt is an employer's dream," says Mike Brennan, pre-vocational instructor, "I wish I could clone Matt. He's always prompt. His attendance is great. He's got a lot of integrity." Matthew is also an athlete, riding his bike throughout Rapid City. He has run several half marathons and has done the 109-mile Big Mick bicycle ride on the Mickelson Trail for the past few years.

**Richard Booth** came to Black Hills Workshop from the South Dakota Developmental Center. At the Workshop, he has more opportunities and a greater independence, both of which he has quickly taken advantage of. He is enjoying visiting Black Hills attractions and has been very involved in SunCatcher Therapeutic Riding Academy. "In the past he had some issues noted in his file that he needed some pretty intense supports and a lot of staff attention to help him get through," says Chief Executive Officer Brad Saathoff. "And since he's been with us, he has absolutely been a delight to



*Richard Booth, Ben Roth, Matthew Blauvelt, and David Tanner were all honored with Outstanding Achievement Awards at the Black Hills Workshop's annual Recognition Gala.*

support. He has give all indications that he is really happy."

**Ben Roth** was a marine for five years and served one year in Iraq. Up until recently, he received services from Community Transitions, our affiliate for those who are recovering from brain injury. He has regained his ability to drive and has recently returned to living independently. He is employed as a custodian at Family Thrift Center on Omaha Street. "Ben had some goals from day one of my getting to know him," says Lori Vosika, Program Manager at the Veterans Administration, "He wanted to drive again. He wanted to be self-sufficient; he wanted to be an independent person. He wanted to have a job. He wanted to have an apartment. And

Ben today, has accomplished all of those things."

**David Tanner** is employed in the bakery at Safeway on Mountain View. "He wants to do a good job—always on time, reliable, excited. His social skills are unlimited," says Frank Bowers, former Black Hills Workshop Employment Specialist. "There's almost nothing that David can't be trained to do." David, who moved here from the Minneapolis area, is very involved in our community. He has participated in the Polar Plunge, the Relay for Life, and the 5K walk for WAVI. He is also a member of the Sheltered Reality drum group and the Rush Booster Club.

*Gala . . .continued on page 2.*

# Gala

*Continued from page 1.*

## Community Connection Award

Andrea Schaefer, Director of Barefoot Dance Studios and Outright Dance Theatre, received our Community Connection Award for creating opportunities for people from Black Hills Workshop to participate in dance. Andrea has choreographed several productions that involved people from Black Hills Workshop and has also taught dance classes. Recently, she formed Outright Dance Theatre, a mixed-ability dance company. "Andrea sees the good and the ability in everybody," says instructor MaryAnn Blanchard.

## Volunteer Award

Forest Recreation Management and the Forest Service received our Volunteer Award for coordinating the annual Experience the Outdoors Day at Horse Thief Lake. Around 300 people attended the sixth annual event in September. Approximately 150 of the participants were people served by Black Hills Workshop. Along with the beautiful scenery and a cookout, participants enjoyed wagon rides, cowboy poetry, exotic birds, face painting, gold panning and fishing. More than 70 volunteers took part this year, providing personal attention to guests as they enjoyed the activities.

This year's gala was sponsored with funds from the Helena Moore trust. The theme was Alice in Galaland. Congratulations to all of our winners and thank you to our wonderful committee who worked so hard to make the evening special for them: **Cheza (this year's chair), JoVayne Cappa, Patti Herlihy, Sandra Burns, Jeanette Deurloo, Batool Merali, Tura Synhorst, Pam Lindquist, Sarah Folsland, Rebecca Kramer, Dorothy Rosby, Sheila Muehlberg, JoAnne Schriver and Brian Munsell.**

# TwIsTeD nIghTMaReS

More than 1300 people attended Twisted Nightmares, the Black Hills Workshop's haunted house held October 22 and 23. Thirty-four volunteers from outside the Workshop, along with ten employees and twelve people we serve, worked to create the haunted house as well as "scare" the visitors.

# Rich Maxwell wins Wind Beneath our Wings honor



Rich Maxwell was one of six health and human services professionals who was honored at the 2010 Wind Beneath our Wings awards luncheon at the Radisson on Friday, November 5. The award recognizes people in health and human service professions for their outstanding service to their organizations, their professions, and our community. It is sponsored by the Chamber of Commerce's Health & Human Services Committee.

Rich came to BHW after 20 years in the United States Air Force, including two tours of duty in Vietnam. He has been with us for 13 years. He assists adults with disabilities who live in the community with their medical appointments, shopping, banking, leisure, social activities, and more. Without his assistance, many people would be more dependent on their families or would be unable to live as independently as they do.

Rich coordinates the logistics and transportation needed for many people with disabilities to participate in bowling, softball, dances, Special Olympics, and other events. He has used his own equipment, as well as his vehicle, to assist people when they need to move. His advocacy for people includes making sure they have the opportunity to take the trips of their dreams. And he shares his love of the outdoors, especially fishing, by taking people on an annual fishing excursion to Lake Oahe.

Rich manages the medical needs of well over a hundred people, tracking when their appointments are due, scheduling the appointments, providing transportation, and making sure that any follow-up recommendations are completed. This is no easy task, considering that he must know the person's work schedule, preferences, days off, and other needs. We and the people we serve are the beneficiaries of Rich's dedication, enthusiasm, and experience every day. He truly is the Wind Beneath our Wings.

# Eight travel to SABE

Chuck Henrie, Keven Moulton, Nancy Weiss, Kandie Ronfeldt, Ramona Spotted Eagle, Ed Kopp, Steven Fischer, Brad Saathoff, and Michelle Aman joined others from around the state in traveling to the National SABE conference (Self Advocates Becoming Empowered) September 23-26 in Kansas City.

Jazz it up: Feeling the Music of Self-Advocacy was the theme of the conference. A variety of break-out sessions were held on a number of topics. The goals of the conference were:

- For self-advocates to come together to develop a national agenda to move the self-advocacy movement forward and find out what is happening in other states and local self-advocacy organizations.

- Learn about self-determination and receive tools to take home to help people in your state lead more self-determined lives.

- To learn about strengthening relationships in peoples' lives and how people with disabilities can be fully supported in an inclusive community.

There were a variety of social activities, film screenings, and the election of

a National Board for SABE. Chuck Henrie, (pictured right) from Rapid City People First and South Dakota Advocates for Change State Coordinator, was elected alternate representative for Region 4.



## Rushmore Lions help build sun room

Some of the members of the Rushmore Lions Club had lunch at Black Hills Workshop on November 11. Along with visiting the Suzie Cappa Center for Art Expression and Enjoyment, they had the opportunity to visit the new sun room which was recently completed off the sensory area. The sun room was built with funds the club raised during their annual pancake breakfast held in February. They were also able to see some of the other items purchased for our sensory area with funds raised at previous pancake breakfasts.

We are grateful to the members of the Rushmore Lions Club for their hard work year after year to make the pancake breakfast such a success. Next year's event is scheduled for Sunday, February 27 from 8 a.m. to 2 p.m. Funds will be used to build a picnic area behind the sensory area.



*Tom Kaiser enjoys the sun room built with funds raised at the 2010 Rushmore Lions Club Pancake Breakfast.*

**Rushmore Lions  
Pancake Breakfast  
February 27, 2011  
8 a.m.- 2 p.m.  
Black Hills Workshop  
3603 Range Road  
Tickets are \$6**

## BHW hosts Native American Cultural Celebration



Black Hills Workshop hosted a Native American Cultural Celebration during October. Among the many presenters were Dakota Daughters (Lillian Witt, Geraldine Goes in Center, and Joyce Jefferson); Quincy Afraid of Lightning and the Native Dancers and Drum Group; hoop dancer Dallas Chief Eagle, and Belinda Joe, Education and Culture Specialist at Crazy Horse Memorial Foundation, who is pictured at left. There were also native foods, arts and crafts, and museum tours throughout the month. Our thanks to the South Dakota Arts Council and the South Dakota Humanities Council for their support of the month.

## Heroes & Hardrockers

Heroes & Hardrockers held a tailgate party October 9 at the School of Mines. Heroes & Hardrockers is a joint effort between the South Dakota School of Mines & Technology Circle K group and Black Hills Workshop. The goal is to match the people we serve with students to create new friendships and natural supports and increase community involvement.

Many other activities are planned before the end of the school year, including a Monday night football gathering, participation in the Dublin Dash, a chili kick-off, a spring dance and more.



*Laura Christensen and AJ Nordbye at the Heroes & Hardrockers second annual tailgate party October 9 at the School of Mines. Heroes & Hardrockers is a joint effort between South Dakota School of Mines & Technology Circle K and Black Hills Workshop aimed at creating new friendships and community involvement.*

## Artists participate in local bazaars

Tim Meadors, a volunteer in the Suzie Cappa Center invited artists from the center to participate in three recent craft/art bazaars. Shawn Bifulco and Shad Bebout accompanied Tim to the Rapid City Regional Hospital Employee Fall Bazaar on October 25. Shad also accompanied Tim to the Zonta Expo October 7. Connie Whitley joined Tim at the Calvary Chapel MOPS Craft Fair, Saturday, November 13. Our thanks to Tim for creating more opportunities for artists from the Suzie Cappa Center to share their work.

Meanwhile Shad has also uploaded two of his pieces of artwork to his "store" on etsy.com. Service Coordinator Taylor Nicolaisen says etsy.com is something like eBay, but the stipulation is that all items must be hand made. You can see Shad's art at <http://www.etsy.com/shop/shadman515>.

BLACK HILLS WORKSHOP AND TRAINING CENTER, INC.  
P.O. Box 2104  
Rapid City, South Dakota 57709  
(605) 343-4550

**RETURN SERVICE REQUESTED**

Non-Profit  
Organization  
U.S. Postage  
PAID  
Rapid City, SD  
Permit No. 67

## Lacrosse learns fire safety



*On Saturday, October 16, fourteen people we serve who live at Lacrosse Apartments attended a fire safety course. Pictured is Bill Clucas coaching Gary Hettich on the proper use of a fire extinguisher.*

## BHW wins Participation Award for fourth year

Black Hills Workshop won the Highest Participation Award for the fourth year in a row at this year's YMCA Corporate Cup. We also took second place in overall points behind Rapid City Regional Hospital. Black Hills Workshop's participation was coordinated again this year by Joe Burmeister, director of our Health, Fitness, and Sports Center.

Transitions is published bimonthly by the Black Hills Workshop Foundation. The Black Hills Workshop Foundation is dedicated to supporting comprehensive, quality services for people with disabilities. The Foundation is committed to ensuring those services now and in the future. Comments and questions are encouraged and may be addressed to Dorothy Rosby, Editor, Box 2104, Rapid City, SD 57709, or call (605) 343-4550. You can also e-mail [drosby@bhws.com](mailto:drosby@bhws.com). Visit us at our web site at [bhws.com](http://bhws.com).

# Thank you to our generous contributors

Donations received September 1-October 31, 2010

Ainsworth-Benning Construction  
Alltel  
Bachmeier, William & Mary  
Backus, Russell & Betty  
Barlow, Dr. John & Anne  
BH Services Inc.  
Black Hills Agency, Inc.  
Black Hills Reptile Gardens, Inc.  
Bodeson, Joseph & Tammy  
Boyer, Dr. & Mrs. David Jr  
Braun, Vince & Connie  
Brewer, Karen B  
Bsharah, Norman  
Burgess, Jim & Monica  
Carrier, Mary  
DEWOT LP  
Estes, Doug  
Frost, Jim & Judy  
Gaddie, Dave & Barb  
Hagenson, Mary Sue Trust  
Hettich, Dennis & Linda  
Hohm, Dean & Jean  
Keiper, Ada  
Ketel Thorstenson LLP  
Keyser, Allen & Connie  
Kjerstad, Don & Monica  
Lux, JoAnn  
Montana Dakota Utilities  
Moore, Helena Trust  
Nooney-Schreiner, Theresa  
RBC Foundation  
Saathoff, Brad  
Shaver, Inez Trust  
Sogge, Mrs. John  
South Dakota Arts Council  
South Dakota Humanities Council  
South Dakota Housing Development  
Authority  
Spangler, Gillian  
Ten Key, LLC  
Toscana, Vic & Dixie  
US Bank  
Walmart  
Wells Fargo Private Client Services  
Wilcox, Dick & Melanie

## ***In Honor***

### **Michael Braden**

Braden, Ann

### **Ray Novak**

Novak, Ray & Michelle

### **David Stordahl**

Kraft, Elizabeth

### **Anne VanderGeest**

UCT Black Hills Council #516

## ***In Memory***

### **William F. Bayliss**

Bayliss, Lois F.  
Neuharth, Steve & Nancy  
Novak, Ray & Michelle  
Olivier, Henry  
Rogers, Hazel  
Schlumpberger, Charlie & Norma  
Sullivan, Cathy

### **Corinne Bergstrom**

Upper Deck Architects

### **Mena Janis Butts**

Holsworth, Darla

### **Kay Christman**

Liebelt, Orand & Ruth

### **Imogene Moore**

Kraft, Elizabeth

### **Loyal Don Rau**

Berry, Maggie  
Mason, Vera  
Rau, John  
Rau, Loyal Don Trust  
Schock, Evelyn  
Wright, Jerome & Patricia

### **Betty Stingley**

Liebelt, Orand & Ruth

### **Virgil Voigt**

Babka, Ruth  
Behlen, Eleanor  
Blair, Doris & Harold  
Friburghouse, Shirley  
Ginger Moon & Associates  
Gronthal, Chris  
Hauser, Jennifer & Keith  
Hauser, Marcella  
Hoffman, Joyce & Bob  
Keefauver, Derelea  
Krull, Eldon & Patricia  
Krull, Ruth  
Luchsinger, Raymond & Luella  
Luchsinger, Stephanie & Kevin  
Menke, Mr. & Mrs. Dwayne  
Mostek, Luke & Dianna  
Prang, Betty & Lyle

Seefeld, Maxine  
Steiner, Kathy & Ken  
Voigt, Esther, Carrie & George  
Voigt, Marian & Harlan

## ***In Kind***

Ashley Furniture  
Beck, Del and Sharon  
Berry, Tom  
Best Chairs  
Castro, Craig  
Coaster  
Dump, Rhea  
Edstrom, Dwight C. & Joanne  
Ferley, Steve  
Gorman, Gary  
Heard, Leslie  
Jackson, Doug  
Lay, Avery  
Leach, Michelle  
LuAnne Johnson  
Magnussen Home  
McKinstry, Jay  
Meckling, Paul & Della  
Mize, Lavon  
Osheim & Schmidt Funeral Home  
Parkinson, Charles  
Patterson, Barbara  
Ronning, Colleen A.  
Rossknecht, Margaret  
Schrier, Susan  
Steinback, E. Theodore  
Towes, Ken  
Wells Fargo Bank

## **Address changes?**

Send your address changes to:

Sheila Muehlberg  
Black Hills Workshop  
P.O. Box 2104  
Rapid City, SD 57709. Or e-mail  
your changes to [smuehlberg@bhws.com](mailto:smuehlberg@bhws.com)  
or call 605-718-6208.

You can also e-mail your corrections  
to [smuehlberg@bhws.com](mailto:smuehlberg@bhws.com)

**If you would like to receive this  
newsletter via e-mail, contact  
[drosby@bhws.com](mailto:drosby@bhws.com).**

# Black Hills Workshop Christmas card selected



The painting pictured was created by Connie Whitley in our Suzie Cappa Center for Art Expression and Enjoyment. It has been chosen for this year's Black Hills Workshop Christmas card. Connie has attended the Suzie Cappa Art Center since 2004. She

has a passion for painting and has shown her work at the Dahl Art Center, the Central States Fair, and many other venues. She has participated in theatrical performances and is a member of Outright Dance Theatre, a local mixed-ability dance company. She has also performed in bell choir and piano recitals.

Black Hills Workshop has a selection of holiday-themed cards available for sale. Call JoAnne Schriver at 718-6204 for information.



## Indiana hosts open house



*Cindy Carner welcomes visitors to the open house held at Indiana on October 23.*

## **Falling for Art** brings in cash for artists

Sixty-five people attended the Suzie Cappa Center's *Falling for Art* open house on Thursday, October 14, and they liked what they saw. Art Center Director Brad Winter says \$887 worth of art work was sold during the open house! Congratulations artists!

## Comfort Inn crew attends buffalo roundup

After another successful summer, the crew working at the Comfort Inn enjoyed themselves at the Buffalo Roundup September 27 at Custer State Park. Pictured at right are Alex Sipma, Sam Sheffer, Cindy Roan Eagle, and Liz Warner. Associate Instructor Trena Garlick (not pictured) says this is the second year she has taken the crew to the buffalo roundup to thank them for their hard work throughout the year.



## BHW hosts pumpkin contest



Congratulations BHWI Production 1 (left) and BHW Elderly (right) winners in the carved and painted pumpkin categories. They will each receive a pizza party. Amanda Anker says the judges had a tough time making the decision. "They feel everyone did a great job and were impressed with everyone's creativity." Thanks everyone for participating.