

# Shoptalk

October 2011

## Kimberly Tollman *Simply the Best!*

Congratulations **Kimberly Tollman, RN**, Black Hills Workshop's Excellence In Service nominee for 2011. Kimberly has been a nurse at Black Hills Workshop since October 2006. Her nominator, Pat McDowell, says, "Her co-worker nurses trust and value her judgments. The staff in residence and on the committees she is on all admire her medical expertise and ability to get the job done. The people she supports with medical problems know that she will take the time to explain the treatment, testing and follow up, so they will understand the information about their health care and are able to take an active role in managing their health. Kimberly also has the admiration of several physicians in the community because of her accountability and responsiveness to their queries." Kimberly will be honored at Simply the Best, October 26 in Sioux Falls.



## Welcome NCCC

Black Hills Workshop welcomed eight AmeriCorps NCCC volunteers with an open house on Sept 27. The volunteers will be with us for eight weeks, working throughout the Black Hills Workshop and assisting with the haunted house on Range Road and to support people in a variety of activities. This is the fourth time NCCC members have assisted Black Hills Workshop.

AmeriCorps NCCC is a full-time, team-based residential program for men and women ages 18-24. NCCC members are organized into teams of 10-12 members and serve in communities in the areas of disaster preparation, response, and recovery; environmental conservation; public safety; urban and rural development; and education. NCCC and other AmeriCorps programs are administered by the Corporation for National and Community Service.

Each year, the Corporation engages four million Americans of all ages and backgrounds in service through its Senior Corps, AmeriCorps and Learn and Service American programs. For more information, visit <http://www.nationalservice.gov>.



*Michael Studer works in the Suzie Cappa Art Center with NCCC volunteer Amanda Amstutz, who is from Indiana.*

## Gala tickets on sale

**Jorgia Steenberg, Heather Therkildsen, Mike Turner, and Nancy Weiss** will be honored with Outstanding Achievement Awards at the Gala Saturday, November 5 at the Civic Center. **Ken Tritsch**, former contracting officer at Ellsworth Air Force Base, and optometrist **Dr. Bill Holec** will also be honored. If you would like to get your tickets, please contact Sheila Vetsch at ext. 208! Tickets for staff and people served are \$35 and can be payroll deducted if you choose! If you have questions, contact Brian Munsell at 718-6207.



*Published monthly for employees of BH Services, Inc.  
and Black Hills Workshop & Training Center.*

## We are the champions--AGAIN!

For the third time in five years, Black Hills Workshop won the YMCA Corporate Cup. (The other two years we came in second!) Congratulations everyone and thanks for your participation. Special thanks to recruiter extraordinaire Joe Burmeister for all of your efforts.



## Power of B winners

We have four Power of B winners this month. Congratulations to **Alison Coyle, Alexi Kieffer, Shaina Rommel, and Carla Streeter**. Thank you all for **being respectful, being accountable, being your best and being supportive!**

If you would like to nominate someone for a Power of B award, you can find *B nomination forms* elsewhere in Shoptalk or on Lotus Notes. To locate, click on Agency Main; click on Staff (left-hand green buttons); then click on Staff Forms. Choose your location, choose B Recognition Award, launch the document and print. Send your nominations to Dorothy Rosby at RSC. Winners receive \$50 and their story appears in Shoptalk.

## Congratulations

Congratulations **Joe Sabrowski** who was awarded Student of the Quarter for Summer 2011 at National American University at Ellsworth on September 27.

The Switchboard would like to congratulate **Mike Merry** for three years and **Stan Fisher** for his one year anniversary at the Switchboard!

**Eric Anderson** was one of the honorees at the Literacy Breakfast on September 17! The event was sponsored and hosted by Literacy Council of the Black Hills.

Congratulations **Jill Neff** who has graduated with a Bachelor of Arts degree in Health and Human Services after four and a half years of online courses from Ashford University in Clinton, Iowa.

Congratulations **Tom Miller** who received a Commander's Coin from Colonel Trent Edwards, the Commander of the 28th Mission Support Group. Colonel Edwards honored Tom for his year's of service at the Bandit Inn.

## People First officers elected at picnic



*New People First officers were elected at the group's annual picnic September 10. Pictured above are Liz Warner (President), Keven Moulton (Vice President), and Teresa Krier (Secretary/Treasurer) Keven Papen (Sergeant at Arms) is not pictured.*

## Artists show work

### *Artists show at Spearfish Art Center*

The following artists will have their work displayed at the Spearfish Art Center the first week in October: Heather Morris, Russell Steinback, Todd Tompkins, Darlene Brookbank, Jill Holien, Molly Holsworth, Justin Bennett, Shawn Stratton, Mike Liethauser, John Summers, Shawn Bifulco, Stephanie Wagner, Gary Cleland, Carisa Headid, and Kathy Reed.

### **Threads! Annual Suzie Cappa Show at the Dahl starts November 15**

The Suzie Cappa Center will have its annual show at the Dahl Arts Center from November 15 through the end of January. There will be an artist's reception November 18 from 4-6 p.m. The show, titled *Threads* will feature fabric art.

### **Trunk or Treat!**

The annual EE Team Halloween "Trunk or Treat" will take place on Saturday, October 22, 5-7 p.m. behind Black Hills Workshop. The event is open to children and grandchildren of agency employees. E-mail or call Joe Burmeister at 593-1144 to reserve your spot to pass out candy!



### **Nancy Weiss presents at Advocacy, Art and Music Fest**



*Nancy Weiss was one of the presenters at the Advocacy, Art & Music Fest held in Aberdeen September 17. Nancy is a member of South Dakota Advocates for Change. About 30 people from the Aberdeen and Watertown areas attended the training*

## More than 100 attend Experience the Outdoors Day



**Michael Studer** poses above with Smokey the Bear during Experience the Outdoors Day which was held on September 14. The event is usually held at Horse Thief Lake, but due to inclement weather, it was moved to the KOA Campground at Palmer Gulch this year. Experience the Outdoors Day is sponsored and hosted by Forest Recreation Management with help from the Forest Service. More than 100 people from Black Hills Workshop attended.

### **Thank you**

I would like to thank **Connie Hansen, Diane Bartlett and Georgett Steele** for once again giving up their Saturday off to help with the Supply Store's annual inventory. It was one of the nicest days of the entire year and we were stuck inside until 4 p.m. Thanks for the sacrifice. We couldn't do it without you.

Jack Young

Thank you to all the **generous employees** who contributed to this year's Untied Way campaign. You make a difference in Rapid City!

## Celebrating employment

October is *National Disability Employment Awareness Month*. Many people we support are working hard at jobs they enjoy. Zach Skeen is one of them. Zach has worked at the Bandit Inn for several years, doing a variety of jobs including bussing tables, running the dishwasher, serving meals, and cashiering. Contract manager Carl Dixon says Zach was so successful on the job that they were already looking at the possibility of competitive employment when a remodeling project at the Bandit Inn hastened the move. Major renovations mean that around twenty-two people will be out of work for around ten months, leaving employment staff scrambling to find employment for them all. Meanwhile Zach's experience cashiering, his people skills, and his excellent work ethic helped open doors for him.

Employment specialist Kim Kringen assisted Zach to apply for several jobs and early last spring he landed a job at Walgreens. He continues to work at the Bandit Inn part-time, but his hours there have decreased gradually as they have increased at Walgreens. Store manager Rob Holso says Zach is now working around 24 hours per week mainly as a cashier. But he also assists with stocking shelves, unloading trucks, and other tasks. "He has been a great employee since Day 1," says Rob, citing Zach's punctuality and friendliness with both customers and other employees.

Zach says, being a good employee means "doing what you're told and being there on time. Showing up every day and helping the customers." We are proud of Zach and also grateful to Walgreens whose corporate leaders have made hiring people with disabilities a company priority.



## Remembrance Walk



*Beth Dubay and Ranale Wiseman participated in the 9/11 Remembrance Road March hosted by Ellsworth Air Force Base Security Forces Squadron and the Medical Group. The walk began at the Pride Hangar on base and ended at Rushmore Crossing for a ceremony commemorating a beam from the World Trade Center. Beth and Ranale walked seven of the ten miles.*

## Welcome new employees

Deanna Fox	OPC
Kody Campbell	Minnesota
Spenser Braun	Edwards A
Allison Price	Indiana
Kaley Hamer	Hampton
Amanda Burnett	Edwards C
Tyra Lindsey	CH-Allen
Ashley Gerin	CH-Allen
Kathryn Norman	CH-Wisconsin
Amy Roost	Indiana
Jane O'Leary	RSC
Margaret Jones	Minnesota
Charissa Johnson	CH-Allen
Chalise Grate	CH-Black Gap

## Consumer Credit Counseling Classes

To pre-register, call (605) 348-4550. Credit When Credit Is Due, Make Your Move...Guide to Home Ownership, and CheckWi\$e are all offered for no charge. There is a \$50.00 fee for the Start Right class. Rapid City classes are to be held at 2310 N. Maple Avenue.

Wednesday, October 5, Credit When Credit Is Due  
6:00-9:00 p.m., Lessons 1-6.

Tuesday, October 11, Start Right: Build Your own  
Business, 6:00-9:00 p.m., Lessons 1-10.

Wednesday, October 12, Credit When Credit Is Due  
6:00-9:00 p.m., Lessons 7-12.

Wednesday, October 19, Make Your Move...Guide to  
Home Ownership, 6:00-9:00 p.m., Lessons 1-5

Tuesday, October 25, Credit When Credit Is Due  
8:30 a.m.-3:30 p.m., Lessons 1-12

Tuesday, October 25, CheckWise, 6:00-8:00 p.m.  
Lessons 1-6

Wednesday, October 26, Make Your Move...Guide to  
Home Ownership, 6:00-9:00 p.m. Lessons 6-11

## Musician performs at Art Center



*Musician Tony DeBlois performed at the Suzie Cappa Center on September 21.*

## Black Hills Workshop Haunted House October 28 & 29 7 p.m. - 9:30 p.m.

Admission is one can of food which will  
be donated to the food bank.



## Calendar

**Trunk or Treat-October 22**  
**Haunted House-Oct. 28 & 29**  
**Recognition Gala-November 5**  
**Dahl Show opens-November 15**  
**Holiday Party-January 14**

## Heroes wear blue



*Residents of Edwards A show support for police officers.*

## Has your beneficiary's name changed?

If your beneficiary has had a name change, the designation of beneficiary should be changed. This will prevent confusion and delays if a life policy is to be paid out. If you have any questions, e-mail or call Marie Greenfield-Sahli, Payroll Manager, at 718-6251.

## Use it or lose it!

Time to check your vacation balance! Now is the time to check your vacation time to determine if you need to use any before the end of the year (12.31.2011).

The most you can carry over into next year(2012) is the maximum you accrue in one year. For example, if you accrue 8 hours per month, you can carry over 96 hours. Any unused hours over the maximum will be lost. If you have any questions, please e-mail or call Marie Greenfield-Sahli, Payroll Manager, at 718-6251

## Statue dedicated

The words, "For the Love of Jake" are engraved at the base of a statue of the Archangel Gabriel donated by Rich and Suzie Gabrielson. The statue was placed between Jake's Place and Helena's Home and was dedicated September 6. The Gabrielson's (below) purchased the statue to honor their son Jake, and to celebrate the success of the two recently completed homes.



## LaCrosse goes camping

When several people from LaCrosse wanted to camp, brave support staff took on the challenge of organizing a group camp for everyone that wanted to camp. Some people invited their families to join in our adventure. Support staff brought their families and joined in the adventures too. With 37 people attending it was an experience none of us will ever forget. We stayed at the Meeting the Need Camp In Otho, South Dakota which is just outside of Keystone. The camp has some cabins and many people stayed in the old living quarters of the old mine workers. We took old time photos in Keystone. People picked different things to do during the day; some people went to Mt. Rushmore, others went fishing in Custer State Park, and a few were daring and went on the Alpine Slide in Keystone. The day was full of fun, and we all gathered for a barbecue that evening. The food was amazing and of course ended the evening with s' more after s' more. There were piles on piles of s' more fixins and we couldn't eat as many as we had stuff to make. Everyone had such a wonderful time, they all said they are looking forward to doing it again next year. The only thing they wanted to change was staying for two nights instead of one.



## Happy Halloween!



*Give and Take*  
**United Way Day of Caring**



*Cyndi Barton was one of seven people from the Ellsworth 28th Communication Squadron who painted bedrooms in several of our homes.*



*Waylon Larvie was one of the Black Hills Workshop team that washed windows, cleaned cabinets and handled other housekeeping chores for an elderly, local resident.*

Nearly 60 volunteers assisted Black Hills Workshop at several different locations on the annual United Way Day of Caring, September 1. They painted, moved rock, and helped prepare the Wilkins Building in downtown Rapid City for renovation. The building will be home to our art center soon. Meanwhile a team of volunteers made up of our employees and people served also spent the afternoon volunteering, washing windows and doing other cleaning at an elderly Rapid City resident's home. Thanks to **Derek Dalen, Mike Turner, Waylon Larvie, Deanette Frein, Kandie Ronfeldt, Jimi Obretenov, and Dale Frein.**

This was the thirteenth year that the United Way kicked off its annual campaign fund drive with the Day of Caring. This year, seventy-eight teams totaling 968 volunteers spent the afternoon working on 100 different projects in and around Rapid City.

**People 1st Meetings**

You have a choice

**Friday, October 14 at the BHWS in the art gallery  
1 p.m. - 2 p.m.**

or

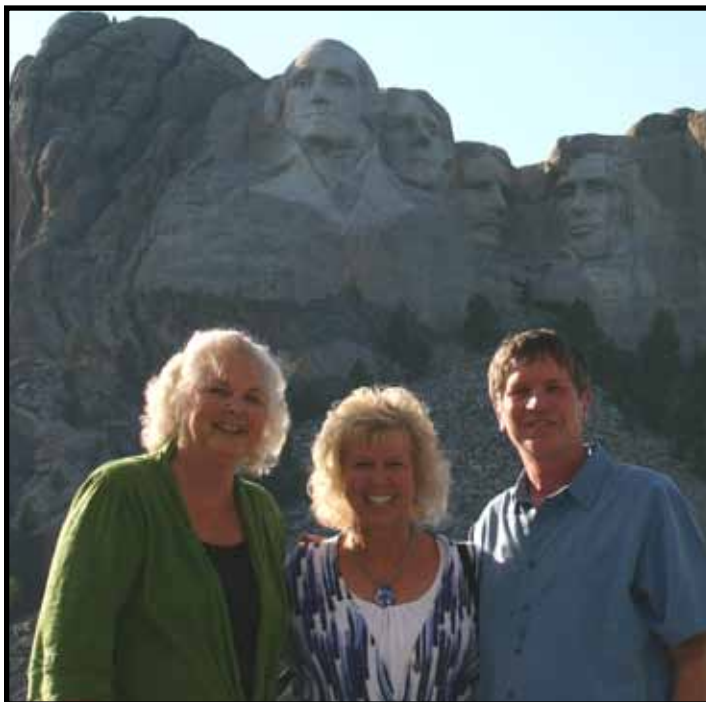
**Saturday, October 2 at the Public Library  
11 a.m. - noon**

or

**Friday, October 21 at BHWS Industries  
1 p.m. - 2 p.m.**

**You only need to attend one meeting**

**Presenter visits Mt. Rushmore**



*Colleen Ronning and Gayle Steiger pose with presenter David Pitonyak who presented "Beyond Behavior" at Black Hills Workshop. He will be back next summer doing a Positive Behavior Institute in Chamberlain.*

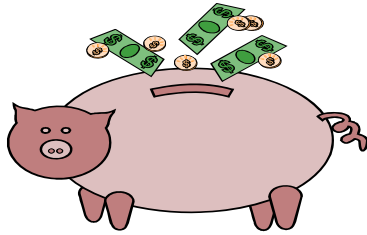
# October lunch menu

October 2011 LUNCH MENU				Serving Info:				Corn dog served at BHWI for 10-7				Pizza served at BHW for 10-7			
*Contains Carbohydrates				1/3c. =#12 Scoop 3/8c. = #10 Scoop 1/2c. =#8 Scoop 2/3c. =#6 Scoop											
Wk. 5 Mon. 10-3	Por	gram	Tues. 10-4	Por	gram	Weds. 10-5	Por	gram	Thurs. 10-6	Por	gram	Fri. 10-7	Por	gram	
*Chili	3/4c	12	*Turkey/Dressing	1pc	18	*Hot Hamburger Sand.	2sl.	30	*Thick Veg. Soup	1c.	29	*Pizza or Comdog	1ea	30/27	
Shred.Cheese	2T.		*Baked Potato	1ea.	10	*Mash.Potatoes	1/3c.	15	*Crackers	4ea.	10	*Green Beans	1/2c	5	
*Broccoli Salad	1/2c	15	*Peas	1/3c	10	*Gravy	1oz.	2	*ChickenSaladSand	1/2c	37	*Jello Fruit Salad	1/2c	18	
*Fresh Apple	1	15	TossSalad/Dres.	1c/1oz	10	*Carrots	1/3c.	10	*Diced Peaches	1/2c	17	*Bar or Cookie	1	see label	
*Bread/Crackers	1&4	15/10	*Skim Wht/Choc.	1	13/25	*Fruit Mix	1/3c.	15	*Skim Wht/Choc.	1	13/25	*Skim Wht./Choc	1	13/25	
*Skim Wht/Choc.	1	13/25				*Skim Wht/Choc.	1	13/25							
Wk. 1 Mon. 10-10	Por	gram	Tues. 10-11	Por	gram	Weds. 10-12	Por	gram	Thurs. 10-13	Por	gram	Fri. 10-14	Por	gram	
*BBQ Chicken	1/3c.	10	Chicken Drums	2ea	29	*Beef Stew	1c.	16	*Pizza Slice	1/4sl.	30	*Vegetarian Chili	1/3c	14	
*Bun	1	30	*BBQ Beans	1/2c	29	*Mixed Fruit Salad	1/2c.	22	*Green beans	1/2c.	5	*Half Baked Potato	half	30	
*Coleslaw	1/3c.	7	*Caul/Broc.blend	1/3c	6	*Bread/marg.	1ea.	15	*Jello Fruit Salad	1/2c.	18	Cheese/FFSt.Crm	2T/1pk		
*French fries	3oz.	22	*Cinn.Applesauce	1/3c.	15	*Skim Wht./Choc.	1	13/25	*Bread/marg.	1ea.	15	*Corn	1/3c	15	
*Fresh Apple	1	15	*Bread/marg.	1ea.	15				*Skim Wht/Choc.	1	13/25	*Orange/Bread	1ea.	15/15	
*Skim Wht./Choc	1	13/25	*Skim Wht/Choc.	1	13/25							*Skim Wht/Choc.	1	13/25	
Wk. 2 Mon. 10-17	Por	gram	Tues. 10-18	Por	gram	Weds. 10-19	Por	gram	Thurs. 10-20	Por	gram	Fri. 10-21	Por	gram	
Baked Chick. Thigh	1pc.		*Spaghetti	1c.	34	Sliced Ham Sandwich	2oz./2	30	*Chicken Ndl. Soup	1c.	12	Baked Fish fillet	1pc.		
*Rice Veg.Cass.	2/3c	19	*TossSalad/Dres.	1c/1oz	10	*Macaroni Salad	1/2c.	15	*Crackers	4ea.	10	*Potato Wedges	3oz.	22	
*Norm.Vegs.	1/3c.	5	*Garlic Bread	1	15	*Green beans	1/2c.	5	*PB&J Sandwich	1	32	*Carrots	1/3c.	10	
*Fresh Grapes	3oz.	15	*Baked Apples	1/2c	17	*Fresh fruit	1	15	*Diced Peaches	1/2c	17	*Coleslaw	1/3c.	7	
*Bread/marg.	1	15	*Skim Wht/Choc.	1	13/25	*Skim Wht./Choc.	1	13/25	*Fresh fruit	1	15	*Bread/marg.	1	15	
*Skim Wht/Choc.	1	13/25							*Skim Wht/Choc.	1	13/25	*Skim Wht/Choc.	1	13/25	
Wk. 3 Mon. 10-24	Por	gram	Tues. 10-25	Por	gram	Weds. 10-26	Por	gram	Thurs. 10-27	Por	gram	Fri. 10-28	Por	gram	
*Hot Hamb.Sand.	2	30	*Chick.Salad Sand	1/2c	7	Baked Ham Slice	2oz.		*Tatertot Hotdish	3/4c	25	*Soft Shell Taco	1-8"	32	
*Mashed Potatoes	1/3c.	15	*Beef Veg. Soup	1c.	12	*Fresh Swt.Potato	half	20	*Green beans	1/2c	6	Lettuce/Salsa	1/2c-1oz	2	
Gravy	1oz.	2	*Crackers	4ea.	10	*Broccoli	1/3c.	6	*Diced Peas	1/2c	15-	Cheese/FFSt.Crm	2T/1pk		
*Pickled beet salad	1/2c	18	*Diced Peaches	1/2c	17	*Jello Fruit Salad	1/3c.	15	*Bread/marg.	1	15	*Corn	1/2c.	15	
*Fresh Orange	1	15	*Skim Wht/Choc.	1	13/25	*Bread/marg.	1	15	*Skim Wht/Choc.	1	13/25	*Fruit Salad	1/2c	17	
*Skim Wht/Choc.	1	13/25				*Skim Wht/Choc.	1	13/25				*Skim Wht/Choc	1ea.	13/25	

# 2011

## WORK RELATED ACCIDENTS

### Requiring medical attention



**Invest in  
tomorrow.  
Practice  
safety  
today!**

		September accidents requiring medical attention	September work accidents resulting in lost time	Total thru Sept 2011 medical attention claims	Total 2010 medical attention claims
BHWS Admin					0
Mfg/Production/Elderly cc:17					1
Kitchen					0
Sensory/Lettershop/Suzie Cappa		1		3	1
Hospital Contract					1
BHWI Admin					0
Production					0
Community Transitions					0
Community Homes		1		4	2
Concourse Enterprise Admin					0
DLT					0
Production					0
Edwards A					0
Edwards C				2	1
Edwards D		1		1	0
Enclave				1	0
Fir					3
Hampton				2	3
Indiana					1
Johns					0
Lacrosse					0
Maintenance					0
Mechanics				1	1
Minnesota		1		4	3
Parkview					0
Quincy					3
Resource & Support (Service Coord/Nursing/CSS)		2		3	4
RSC					0
Sitka					2
St Cloud				2	0
Wisconsin				1	5
BH Services Admin					0
Bandit Inn				1	2
Commissary		1		5	2
Custodial/Janitorial				7	7
Drivers (EAFB & OPC)					0
Offutt Commissary				3	6
Offutt Food Service				1	1
Supply Store					0
Switchboard					0
<b>Totals</b>		<b>7</b>	<b>0</b>	<b>41</b>	<b>49</b>

# “B” Recognition Award



Name of the staff person you'd like to recognize: \_\_\_\_\_

Title of the person you are recognizing: \_\_\_\_\_

Department or area they work in: \_\_\_\_\_

What you'd like to recognize them for: Check the “B” that applies with the example of the “B” they demonstrated. Please be specific.

- For Being Respectful of Others
- For Being Accountable
- For Being Your Best (Their Best)
- For Being Supportive

Your name and title: \_\_\_\_\_

Your department or area: \_\_\_\_\_

Please send this form to Dorothy Rosby at RSC. Your nominee could be selected to receive the \$50 prize and be featured in Shoptalk. Feel free to make copies of this form for additional people you'd like to recognize.

## Happy birthday

Patricia McDowell	1
Julia Rolph	1
Danette Schille	4
Chester Westman	5
Douglas Neisz	5
Samantha Schmitz	5
Annette Christman	6
Roxanne Furtwangler	7
Kelli Martin	8
Shana Neustel	9
Matthew Watkins	10
Linda Bak	12
Jenna Gortmaker	13
Page Stewart	13
William Stevens	14
Shirley Milne	15
Christina Fifer	15
Glenn Passmore	16
Talia Wilson	16
Amy Roost	16
Connie Hieb	17
Kristina Kuroiwa	17
Timothy Ulrich	17
Joshua Miller	19
James Parrent	19
Tammie Quinn	20
Deanna Fox	20
Lisa Batteen	20
Tiffani Sammeli	20
Paula Cross	20
Deanette Frein	21
Connie Melvin	21
Linda Pulse	21
Renale Wiseman	21
Brenda Bonham	23
Rita Lantz	24
Kelli Oborny	25
Michelle Aman	26
Donna Henderson	26
Emily Burdick	27
Shae Stinson	27
Gail Mai	27
Tammy Gross	27
Vandal Devries	28
Veronica Carda	29
Tim Strauss	29
Kody Campbell	29
Colleen Fines	31



## Employment anniversaries

Shaun Archer	15 years
Vince Braun	36 years
Mike Brennan	18 years
Robert Birnie	7 years
Kimberly Ketelsen	7 years
Jeannette Johnson	12 years
Kim Helseth	27 years
Tammie McMeekin	1 year
Lea Haisch	20 years
Jean Jackson	31 years
Summer Boock	2 years
Robin Madsen	12 years
Connie Melvin	8 years
Doug Meiron	31 years
Marty Krause	7 years
Carla Julius	7 years
Debra Gipson	7 years
Lesli Pond	13 years
Mary Ann Blanchard	21 years
Dorothy Rosby	23 years
Sarah Salazar	10 years
Cheryl Hurley	14 years
Melanie Strauss	6 years
Daniel Woods	9 years
Kerry Yantes	12 years
Shirley Kiley	2 years
Terry Wilson	21 years
Melissa Dodd	1 year
Lisa Batteen	21 years
Sofia Behrhorst	21 years
Kimberly Tollman	5 years
Elizabeth Passmore	5 years
Tiffany Shebeck	4 years
Marina Turpitt	4 years
Glenn Passmore	4 years
Kelli Martin	4 years
Jody Rosenbaum	4 years
Crystal Farley	3 years
Tracy Goss	3 years
Courtney Sullivan	3 years
Lacey Brubaker	2 years
Richard Swoboda	2 years
Laura Cuthbertson	1 year
Amber Kirkpatrick	1 year
Laura Simmons	1 year
Heather Rahder	1 year
Beverly Dixon	21 years
Carl Dixon	21 years
Richard Hern	21 years