

Shoptalk

November 2011

Workshop performers take part in Dakota Dreams

Seven performers from Black Hills Workshop will take part in Dakota Dreams, part of the grand opening for the new Main Street Square Saturday, November 26 3:30 p.m. - 4:00 p.m. **Cindy Roan Eagle, Wyman Red Star Flora, Dean Baker, Heather Morris, Elizabeth Warner, Shad Bebout and Brad Winter** will all appear in the production which kicks off the lighting of the Main Street Square Christmas tree and the annual parade of lights.

This unique piece of theatre features 45 mixed-ability performers artistically blending modern dance, inspirational melodies, puppetry and traditional Lakota drumming and singing into a dazzling tribute to the state of South Dakota. This is a ONE TIME ONLY performance and is FREE to the public. It is funded by the Jennifer Avery Memorial Fund, Salon One and Wal-Mart. The production is directed and designed by Heather Pickering with choreography by Andrea Schaefer.

When Main Street Square opened October 7, the Olsen Brothers performed a dueling piano event on two pianos decorated by Suzie Cappa artists.



Native American Cultural Celebration



The fourth annual Black Hills Workshop Native American Cultural Celebration was held the last week of October and included a presentation by Belinda Joe, Education and Culture Specialist for Crazy Horse; an Indian taco lunch; a Lakota cultural singing, dancing and drumming demonstration by Pastor Quincy Afraid of Lighting and local

drummers and dancers; and tours of the Journey Museum. Thanks to all who helped make the celebration a success: Brad Saathoff, Tammie Quinn, Brad Winter, Connie Keyser, Laura Smith, Pat Thompson, Lianne Brandrup, Susan Norskov, Phyllis Rensch, Carla Julius, Cara Keyser, Dawn Fairbanks, and especially to Maryann Blanchard for coordinating.

Elks donates new flag

Thanks to the Rapid City Elks Club who donated the money to purchase a new 8x5 foot flag as well as a lock box, channel, and rope for it. The Elks had also donated the original flag pole in 1972. A dedication was held October 19. Pictured are Brad Saathoff, Jeremy Corcoran, and Elks Exalted Ruler Tim Werlinger.



*Published monthly for employees of BH Services, Inc.
and Black Hills Workshop & Training Center.*

Assistant HUD Secretary visits Allen Avenue

Assistant HUD Secretary Mercedes Marquez was part of a group that toured Black Hills Workshop's newest homes on October 24. Also on the visit to Jake's Place and Helena's Home were Rapid City Mayor Sam Kooiker, HUD Field Office Director Roger Jacobs, Regional HUD Director Rick Garcia, South Dakota Housing Development Authority Mark Lausing, Director of the Neighborhood Stabilization Program Lorraine Polack, and Jim Semmler of Semmler Construction Company who built the two homes which were completed earlier this year.

Marquez was in Rapid City to tour these and other homes that have been built or improved by the Neighborhood Stabilization Program. Jake's Place and Helena's Home were build with funds from the program along with donations.



Assistant HUD Secretary Mercedes Marquez talks with Jewell Nelson who lives at Helena's Home. In the background are BHW Community Living Supervisor Tara Wilcox and Regional HUD Director Rick Garcia.



Power of B winners

Fir employees **Amie Bach, LaDonna Wilson, Brian Anderson, Kendra Yellow Boy, and Mallory Buxton**, received Power of B recognition this month for their response to a smoking stove at Fir. **Cheryl Hurley** with Community Transitions was honored for her success in convincing an individual to participate in his rehab.

If you would like to nominate someone for a Power of B award, you can find *B nomination forms* elsewhere in Shoptalk or on Lotus Notes. To locate, click on Agency Main; click on Staff (left-hand green buttons); then click on Staff Forms. Choose your location, choose B Recognition Award, launch the document and print. Send your nominations to Dorothy Rosby at RSC. Winners receive \$50 and their story appears in Shoptalk.

BH Services celebrates NDEAM

BH Services celebrated National Disability Employment Awareness Month by giving away six DVD players to AbilityOne employees. Congratulations Joe Murphy, Jo Mundaniohl, Joanne Phillips and Russell Bruner who have won DVDs so far. All AbilityOne employees were also awarded McDonalds gift cards.

Haunted House scares 1100

Congratulations **Danette Schille, Robin Murner, AmeriCorps** volunteers and other volunteers for another successful Haunted House. The haunted house was free, but those who attended donated non-perishable food for the food bank.



BHW night at the Rush December 2

Come celebrate Black Hills Workshop night at the Rush game on December 2. We'll have a booth and we'll benefit from the chuck-a-puck game. We will also be giving away T-shirts that feature art like the example at right by Suzie Cappa artists.



Open enrollment for federal contracts

November 1 to November 30, 2011 is open enrollment for FCE health coverage. During this time you may elect to add a spouse, child(ren), or both to your health coverage. This would be at an additional cost to you per payday. If you would like more information, please contact Marie Greenfield-Sahli at 605-718-6251. The FINAL day of enrollment is November 30, 2011.

COMMUNITY CUSTODIAL (Rapid City)

November 1 to November 30, 2011 is open enrollment for FCE health coverage. During this time you may elect to add a spouse, child(ren), or both to your health coverage. This would be at an additional cost to you per payday. If you are not currently participating, you may elect to enroll at a cost per payday to you. If you would like more information, please contact Marie Greenfield-Sahli 605-718-6251. The FINAL day of enrollment is November 30, 2011.

Special Olympics winners



Steve Fischer and Larry Lancaster, front, and Kevin Papen, John Kraft, Walter Ryman, and Chuck Wright show the ribbons they won at the Regional Special Olympic bowling tournament held October 21 at Meadowood Lanes.

Artists show work at Dahl

THREADS! Annual Suzie Cappa Show at the Dahl starts November 15

The Suzie Cappa Center will have its annual show at the Dahl Arts Center from November 15 through the end of January. There will be an artist's reception November 18 from 4-6 p.m. The show, titled *Threads* will feature fabric art.

AmeriCorps volunteers share experiences

The following was submitted by Kristen and Alex, two of the AmeriCorps volunteers now serving at Black Hills Workshop. Thanks to Kristen and Alex and thanks to all of the volunteers. We are so glad to have you here!

An AmeriCorps National Civilian Community Corps team is serving at the Black Hills Workshop through November 7. During their time here, the team members help to supervise people during their daily activities. While the corps members' job is to teach, some of them have been learning as much from the people served as they have been teaching.

Corps member Alex Johnson, nicknamed Mordicai, is one of these members who has experienced how every student is a teacher. Part of the reason the team is here is to help teach life skills so people can move to jobs outside of the Workshop. Alex works in the kitchen, where he helps to cook and helps to supervise the kitchen crew. However, during his time in the kitchen, he has also been learning sign language in order to better communicate with Kathryn who is hard of hearing and can not speak well. Learning a new language was not something Alex expected to do during his time at the Black Hills Workshop, much less learning it from one of the people he helps to supervise. "It's crazy. I've never known any sign language. Now I'm learning a little bit each day. It's gotten to the point where I not only know what she's telling me, but I can tell her how to improve and she understands."

This is a real life example of how teachers can learn things from their students. Since AmeriCorps arrived, everybody, corps members and people served alike, have been learning new things. It goes to show there's always something new to learn and that you might learn it from the most unexpected places.

Trunk or Treat

Thanks to all those who participated in this year's Trunk or Treat! Minnesota was this year's winner for the Vehicle Decorating Contest! They win a sub party.

This year's winner for the Costume Contest was Korbyn and Haddlie who's mother Stephanie works at Parkview. They will be receiving the \$50.00 gift card to Chuck E. Cheeses.



Doug Hill passes out candy during Trunk or Treat.

Olive Garden celebrates Disability Mentoring Day



The Olive Garden celebrated Disability Mentoring Day October 24 by bringing lunch to the Elderly Area at Black Hills Workshop. Disability Mentoring Day is a nationwide effort to promote career development for students with disabilities through hands-on career exploration.

Support the troops!

Switchboard requests calling cards

By Beth Dubay

As the wars overseas are winding down there is still a need for military deployments. The Switchboard at Ellsworth AFB know this first hand and deal with deployed soldiers on an hourly basis. All the services utilize the Ellsworth Switchboard not just the Air Force. When soldiers are deployed most of them are issued a 15 minute calling card sometimes from the Red Cross or from their unit. A lot of soldiers' families buy calling cards before their loved one deploys and continues to send calling cards to them periodically. However, a number of deployed personnel are not issued calling cards. They don't think they need them so they do not purchase them in advance or just misplace them. We hear all kinds of reasons why they do not have a calling card when they call us to be connected to loved ones. Whatever the reason, the result is the same, we simply cannot connect long distance calls.

That is why we are requesting calling card donations. You can purchase calling cards in any grocery store, but I usually purchase them at Walmart for \$10.00 which is 150 minutes. Then when a caller needs a long distance number and we cannot find another military installation within their dialing range we put them through on the calling card for 15 minutes. So if anyone wants to support the military this is one way to do it. The callers really appreciate it and so do the operators. The last thing we want to tell a deployed soldier is that we cannot hook them up with their loved ones. If you just drop a calling card in the interoffice mail and write "Switchboard" we will be sure to get it and use it. Thanks for considering this way to help our soldiers reach home once in a while.



John Shoemaker

Consumer Credit Counseling classes

To pre-register, call (605) 348-4550. Credit When Credit Is Due, Make Your Move...Guide to Home Ownership, and CheckWi\$e are all offered for no charge. There is a \$50.00 fee for the Start Right class. Rapid City classes are to be held at 2310 N. Maple Avenue.

Wednesday, November 2-Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 1-6.

Wednesday, November 9-Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 7-12.

Wednesday, November 16-Start Right: Build Your Own Business, 6:00-9:00 p.m., Lessons 1-10.

Wednesday, November 16-Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m., Lessons 1-6.

Tuesday, November 29-Credit When Credit Is Due, 8:30 a.m.-3:30 p.m., Lessons 1-12.

Wednesday, November 30-CheckWise , 6:00-8:00 p.m., Lessons 1-6.

Wednesday, November 30-Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m., Lessons 6-11.

Wednesday, December 7-Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 1-6.

Tuesday, December 14-Credit When Credit Is Due, 6:00-9:00 p. m., Lessons 7-12.

Wednesday, December 21-Start Right: Build Your Own Business, 6:00-9:00 p.m., Lesson 1-10.

Wednesday, December 21-Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m., Lessons 1-5.

Tuesday, December 27-Credit When Credit Is Due, 8:30 a.m.-3:30 p.m., Lessons 1-12.

Wednesday, December 28-CheckWise, 6:00-8:00 p.m. Lessons 1-6.

Wednesday, December 28-Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m. Lessons 6-11.

Calendar

Recognition Gala-November 5
Dahl Show opens-November 15
BHW Night at the Rush-Dec. 2
Holiday Party-January 14

Fall Back!

Turn your clocks back Saturday night before you go to bed. Daylight Savings Time ends Sunday, November 6.



Heroes and Hardrockers events

Tentative Schedule of the Heroes and Hardrockers Events: Be watching for details!

November: Date TBD: Tour of Museum of Geology

December: Date TBD: Tour of Lights at Storybook Island

December: Date TBD: Christmas Party

January 16: Canned Food Drive at BHW

January 27: Walking Tacos at BHW at 4:00 p.m. followed by the SDSM&T Basketball game at 5:30

February 5: Superbowl Party at the Surbeck Center

February 26: Chili Cook-off at the Polar Plunge

March: Date TBD: The Dublin Dash Run/Walk

April: Date TBD: Penny Drive

April: Date TBD: Spring Dance

Welcome new employees

Dustin McLaughlin	ITS
Jennifer Cummings	CH-Wisconsin
Neili Laughlin	John's
Charissa Johnson	CH-Allen
Chalise Grate	CHA-Black Gap
Taylor Hickson	St. Cloud
Amber Paul	Edwards C
Tara Rhodes	Minnesota
Chance Whelchel	Edwards D
Amy Butts	CH-Allen
Cortney Landreth	Fir
Abigail Gansen	CH-Allen
Shawn Mamula	CH-Black Gap
Jessica Blakeman	Wisconsin
Sara Wilson	Minnesota
Alyssa Thompson	Minnesota
Bailey Cox	Parkview
Stacy Hosman	Quincy

Congratulations

Congratulations **Chuck Henrie** on being selected to participate in Partners in PolicyMaking program. Partners is designed to involve and empower people with developmental disabilities, parents of children with disabilities, and other family members. Participants attend six two-day training sessions from November through April.

Congratulations **Janice and Bob Arnio** on the birth of their grandson **Dalton Bruce Porisch** on October 30. His Parents are **Lisa and Eric Porisch**.

Congratulations **Eric Rude** (below) who was recently honored by KSLT/KLMP/The Point radio stations and Hills Alive for his volunteer service at Hills Alive.



Manufacturing wins Pumpkin Contest



Yes it's pumpkin! Brad Saathoff checks out the winner which was carved by manufacturing who receives an iPad 2. All areas who participated will receive \$50 for a party!

Interfaith Project underway

Black Hills Workshop has its first match in the Interfaith Project. Hubert Zimmerman will now be attending services at South Canyon Lutheran Church with Ronni McKay. Both are pictured below. The Interfaith Project aims to match people served with church members who can help them become more active in the church of their choosing and in church-related activities. Jocelyn Haskell, who is coordinating the program says currently 150 people supported are attending services regularly. Another 43 would like to attend but are not because of transportation or other issues. If you know of someone who would be interested, have them contact Jocelyn at 343-6466 or 858-0770.



Managing Chronic Pain



More than 130 million Americans suffer from chronic, or frequently occurring, pain. Chronic pain creates both physical and psychological problems that affect whether a person can engage in meaningful activities each day. Pain can decrease a person's strength, coordination, and independence in addition to causing stress that may lead to depression.

With the help of occupational therapy, people with chronic pain can learn to manage the physical and psychological effects and lead active and productive lives. Many people with chronic pain already have received treatment with medication, surgery, heat, cold, nerve stimulation, and massage. What many have not yet learned is how management of daily activities and lifestyle can contribute to successful, long-term coping with pain.

What can an occupational therapist do?

- **Identify** specific activities or behaviors that aggravate pain and suggest alternatives.
- **Teach** methods for decreasing the frequency and duration of painful episodes.
- **Implement** therapy interventions that may decrease dependence on or use of pain medications.
- **Facilitate** the development of better function for daily activities at work and home.
- **Collaborate** with the client's team of health care professionals, such as physicians, physical therapists, psychiatrists, and psychologists, to determine the best course of treatment and intervention.
- **Recommend** and teach the client how to use adaptive equipment to decrease pain while performing tasks such as reaching, dressing, bathing, and perform household chores.

What can a person with chronic pain do?

- **Develop** and practice a lifestyle based on wellness, which includes plenty of rest, exercise, healthy nutrition, and maintaining a positive attitude.
- **Practice** techniques to decrease the intensity of pain.
- **Organize** a daily routine with personal pain management goals, such as eliminating or modifying activities that use a lot of energy and implementing body mechanics that move the body in ways that are less likely to aggravate pain.
- **Exercise** to increase strength and flexibility and reduce pain.
- **Practice** relaxation techniques that calm the mind and reduce tensions that aggravate pain.

Need more information?

Chronic pain is a serious problem that should not go untreated. If you would like to consult an occupational therapist about pain management, practitioners are available through most hospitals, community clinics, and medical centers.

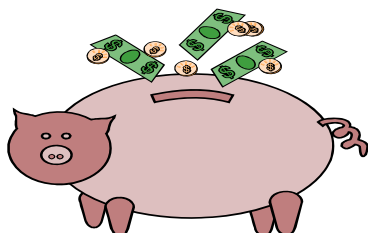
Occupational therapists and occupational therapy assistants are trained in helping both adults and children with a broad range of physical, developmental, and psychological conditions. Practitioners also help clients in wellness techniques that may prevent injury and disease. Contact your local health officials for more information.

AOTA[®] The American Occupational Therapy Association, Inc.
www.aota.org

November lunch menu

October 2011 LUNCH MENU		Serving Info:		*Contains Carbohydrates	
Wk. 5 Mon. 10-3	Por gram	Tues. 10-4	Por gram	Weds. 10-5	Por gram
Chili	3/4c	*Turkey/Dressing	1pc	*Hot Hamburger Sand.	2sl.
Shred.Cheese	2T.	*Baked Potato	1ea.	*Mash.Potatoes	1/3c.
*Broccoli Salad	1/2c	*Peas	1/3c	*Gravy	1oz.
*Fresh Apple	1	TossSalad/Dres.	1c/1oz	*Carrots	1/3c.
*Bread/Crackers	1&4	*Skim Wht/Choc.	1	*Fruit Mix	1/3c.
*Skim Wht/Choc.	1		13/25		1
	13/25		1		13/25
Wk. 1 Mon. 10-10	Por gram	Tues. 10-11	Por gram	Weds. 10-12	Por gram
*BBQ Chicken	1/3c.	Chicken Drums	2ea	*Beef Stew	1c.
*Bun	1	*BBQ Beans	1/2c	*Mixed Fruit Salad	1/2c.
*Coleslaw	1/3c.	*Caul/Broc.blend	1/3c	*Bread/marg.	1ea.
*French fries	3oz.	*Cinn.Applesauce	1/3c.	*Skim Wht./Choc.	1
*Fresh Apple	1	*Bread/marg.	1ea.		13/25
*Skim Wht./Choc	1	*Skim Wht/Choc.	1		13/25
	13/25		1		13/25
Wk. 2 Mon. 10-17	Por gram	Tues. 10-18	Por gram	Weds. 10-19	Por gram
Baked Chick. Thigh	1pc.	*Spaghetti	1c.	Sliced Ham Sandwich	2oz./2
*Rice Veg.Cass.	2/3c	*TossSalad/Dres.	1c/1oz	*Macaroni Salad	1/2c.
*Norm.Vegs.	1/3c.	*Garlic Bread	1	*Green beans	1/2c.
*Fresh Grapes	3oz.	*Baked Apples	1/2c	*Fresh fruit	1
*Bread/marg.	1	*Skim Wht/Choc.	1	*Skim Wht./Choc.	1
*Skim Wht/Choc.	1		13/25		13/25
	13/25		1		13/25
Wk. 3 Mon. 10-24	Por gram	Tues. 10-25	Por gram	Weds. 10-26	Por gram
*Hot Hamb.Sand.	2	*Chick.Salad Sand	1/2c	Baked Ham Slice	2oz.
*Mashed Potatoes	1/3c.	*Beef Veg. Soup	1c.	*Fresh Swt.Potato	half
Gravy	1oz.	*Crackers	4ea.	*Broccoli	1/3c.
*Pickled beet salad	1/2c	*Diced Peaches	1/2c	*Jello Fruit Salad	1/3c.
*Fresh Orange	1	*Skim Wht/Choc.	1	*Bread/marg.	1
*Skim Wht/Choc.	1		13/25		1
	13/25		1		13/25
Wk. 4 Mon. 10-31	Por gram	Tues. 10-30	Por gram	Weds. 10-31	Por gram
*Chili	3/4c	*Turkey/Dressing	1pc	*Hot Hamburger Sand.	2sl.
Shred.Cheese	2T.	*Baked Potato	1ea.	*Mash.Potatoes	1/3c.
*Broccoli Salad	1/2c	*Peas	1/3c	*Gravy	1oz.
*Fresh Apple	1	TossSalad/Dres.	1c/1oz	*Carrots	1/3c.
*Bread/Crackers	1&4	*Skim Wht/Choc.	1	*Fruit Mix	1/3c.
*Skim Wht/Choc.	1		13/25		1
	13/25		1		13/25
Wk. 5 Mon. 10-7	Por gram	Tues. 10-6	Por gram	Weds. 10-5	Por gram
Corndog served at BHWI for 10-7		*Thick Veg. Soup	1c.	*Hot Hamburger Sand.	2sl.
Pizza served at BHWI for 10-7		*Crackers	4ea.	*Mash.Potatoes	1/3c.
		*ChickenSaladSand	1/2c	*Gravy	1oz.
		*Diced Peaches	1/2c	*Carrots	1/3c.
		*Skim Wht/Choc.	1	*Fruit Mix	1/3c.
			13/25		1
			13/25		13/25
Wk. 6 Mon. 10-14	Por gram	Tues. 10-13	Por gram	Weds. 10-12	Por gram
*Vegetarian Chili	1/3c	*Pizza Slice	1/4sl.	*Beef Stew	1c.
*Half Baked Potato	half	*Green beans	1/2c.	*Mixed Fruit Salad	1/2c.
Cheese/FFSr.Crm	2T/1pk	*Jello Fruit Salad	1/2c.	*Bread/marg.	1ea.
*Corn	1/3c	*Bread/marg.	1ea.	*Skim Wht./Choc.	1
*Orange/Bread	1ea.	*Skim Wht/Choc.	1		13/25
*Skim Wht/Choc.	1		13/25		13/25
	13/25		1		13/25
Wk. 7 Mon. 10-21	Por gram	Tues. 10-20	Por gram	Weds. 10-19	Por gram
Baked Fish fillet	1pc.	*Chicken Ndl.Soup	1c.	Sliced Ham Sandwich	2oz./2
*Potato Wedges	3oz.	*Crackers	4ea.	*Macaroni Salad	1/2c.
*Carrots	1/3c.	*PB&J Sandwich	1	*Green beans	1/2c.
*Coleslaw	1/3c.	*Diced Peaches	1/2c	*Fresh fruit	1
*Bread/marg.	1	*Fresh fruit	1	*Skim Wht./Choc.	1
*Skim Wht/Choc.	1	*Skim Wht/Choc.	1		13/25
	13/25		13/25		13/25
Wk. 8 Mon. 10-28	Por gram	Tues. 10-27	Por gram	Weds. 10-26	Por gram
*Soft Shell Taco	1-8"	*Taterot Hotdish	3/4c	Baked Ham Slice	2oz.
Lettuce/Salsa	1/2c-1oz	*Green beans	1/2c	*Fresh Swt.Potato	half
Cheese/FFSr.Crm	2T/1pk	*Diced Peas	1/2c	*Broccoli	1/3c.
*Corn	1/2c.	*Bread/marg.	1	*Jello Fruit Salad	1/3c.
*Skim Wht/Choc	1ea.	*Skim Wht/Choc.	1	*Bread/marg.	1
	13/25		13/25		1
	13/25		13/25		13/25

2011
WORK RELATED ACCIDENTS
Requiring medical attention



**Invest in
tomorrow.
Practice
safety
today!**

		October accidents requiring medical attention	October work accidents resulting in lost time	Total thru Oct 2011 medical attention claims	Total 2010 medical attention claims
BHWS Admin					0
Mfg/Production/Elderly cc:17					1
Kitchen					0
Sensory/Lettershop/Suzie Cappa				3	1
Hospital Contract					1
BHWI Admin					0
Production					0
Community Transitions					0
Community Homes				4	2
Concourse Enterprise Admin					0
DLT					0
Production					0
Edwards A					0
Edwards C				2	1
Edwards D				1	0
Enclave				1	0
Fir					3
Hampton		1		3	3
Indiana		1		1	1
Johns					0
Lacrosse					0
Maintenance					0
Mechanics				1	1
Minnesota				4	3
Parkview		1		1	0
Quincy		1		1	3
Resource & Support (Service Coord/Nursing/CSS)				3	4
RSC					0
Sitka				1	2
St Cloud				2	0
Wisconsin		1	1	2	5
BH Services Admin					0
Bandit Inn		1		2	2
Commissary				4	2
Custodial/Janitorial				7	7
Drivers (EAFB & OPC)					0
Offutt Commissary				4	6
Offutt Food Service				1	1
Supply Store					0
Switchboard					0
Totals		6	1	48	49

“B” Recognition Award



Name of the staff person you'd like to recognize: _____

Title of the person you are recognizing: _____

Department or area they work in: _____

What you'd like to recognize them for: Check the “B” that applies with the example of the “B” they demonstrated. Please be specific.

- For Being Respectful of Others
- For Being Accountable
- For Being Your Best (Their Best)
- For Being Supportive

Your name and title: _____

Your department or area: _____

Please send this form to Dorothy Rosby at RSC. Your nominee could be selected to receive the \$50 prize and be featured in Shoptalk. Feel free to make copies of this form for additional people you'd like to recognize.

Happy Birthday!

Eric Vandermay	1
Edwin Nelson	3
Spenser Braun	3
Mallory Buxton	3
Timothy Neese	4
Robin Murner	6
Amber Kirkpatrick	7
James Gardiner	8
Shirley Winter	8
Marcella Sanders	8
Jodie Ebert	8
Shaun Archer	10
Rachel Turner	10
Felicidad Pritchard	11
Amy Kelley	11
Deloris Frank	12
James Ritchie	12
Courtney Sullivan	12
Pam Nelson	14
Juliann Findell	17
Annette Thomas-Ward	17
Christopher Flockhart	17
Karen Parris	18
Elizabeth Lehmann	19
Darryl Keys	20
Michael Grizzaffi	20
Amy Smith	21
Elizabeth Kellerman	21
Sheila Huether	22
Loyd Gale	23
Mark Wildhaber	23
Suzette Wasvick	24
Daniel Hern	24
Shawn Snellgrove	24
Tamira McMeekin	25
Brian Anderson	25
Jerry Potter	26
Patti Boardman	28
JoAnne Schriver	29
Justin Schafer	30
Teresa Kjos	30

December

Kim Kringen	1
Lea Haisch	2
Martha Cook	3
Tara Gary	3

Happy Anniversary!

Brian Boesen	16 years
Melissa Evenson	19 years
Connie Flagg	12 years
John Gordon	6 years
Bob Kringen	30 years
Kathy LaForest	25 years
Lissa Marotz	18 years
Gene Mason	9 years
Karen Parris	8 years
Jimi Obretenov	10 years
Candice Phillips	4 years
James Platt	13 years
Darcy Hansen	7 years
Cheyenne Ness	7 years
Brad Saathoff	9 years
Georgett Steele	15 years
James Steele	15 years
Shelley Wilson	25 years
Amy McGlade	6 years
Michele Benda	5 years
Sharla Woodhead	5 years
Celestino Galvan	5 years
Sandi Dolly	3 years
Keith Davenport	3 years
Shaina Rommel	2 years
Brittany Rombold	2 years
Bronson Odle	1 year
Chenoa Jeannotte	1 year
Patti Boardman	1 year
Kendra Hall	1 year
Troy Mathis	17 years
Susan Rountree	21 years
Karen Young	21 years

