

THE EXCHANGE

*Published for parents, family members, and guardians
of individuals served by Black Hills Workshop*

January/February 2012

Tax savings

If you assist your loved one with tax preparation, you should know about Earned Income Tax Credit. EITC is a financial boost for working people in a recovering economy. Those with earnings under \$49,078 may qualify, but they must file federal income tax returns to receive it, even if their income is below the filing requirement. They must also specifically claim the credit to get it. They can go back three years and file amendments for years they qualified. To learn more, visit one of several free tax help locations. One such location is at the Rushmore Mall, AARP Office, beginning January 25. Hours will be Wednesday and Friday 9 a.m. to 4 p.m., Thursday 12:30 p.m. to 7 p.m.; and Saturday, 9 a.m. to 11:30 a.m. Walk-ins are welcome or call 394-7798 for an appointment. Call Consumer Credit Counseling at 348-4550 for more information and for a complete listing of free tax help locations.

Heroes and Hardrockers events

Heroes and Hardrockers matches people served by Black Hills Workshop with students from the South Dakota School of Mines & Technology to create new friendships and natural supports and to increase community involvement. For information contact Barb Volker at 718-8335. Below is a list of upcoming events.

January 27: Walking Tacos at Black Hills Workshop at 4:00 p.m. followed by the SDSM&T Basketball game at 5:30.

Be watching for more info on the following:

February 5: Superbowl Party at the Surbeck Center.

February 26: Chili Cook-off at the Polar Plunge.

March: The Dublin Dash Run/Walk.

April: Penny Drive and Spring Dance.

Special Needs Trust Seminar

January 23-5:30 p.m.

Back Hills Workshop Administrative Building

3650 Range Road, Training Room

Presented by Joe Lux

Call JoAnne Schriver at 605-718-6204
for information or to register

Rushmore Lions Pancake Benefit

February 26, 2012

7:30 a.m.- 2 p.m.

Black Hills Workshop

3603 Range Road

Tickets are \$6

Children 8 and under eat free



The Exchange is published bimonthly by the Black Hills Workshop for parents, family members, and guardians of the individuals we serve. Comments and questions are encouraged and may be addressed to Dorothy Rosby, Editor, Black Hills Workshop, Box 2104, Rapid City, SD 57709; call (605) 718-6205; or email drosby@bhws.com. We also appreciate your keeping us up to date on your address changes, corrections, or duplicate mailings.

Upcoming Special Olympics

February 24: Regional Basketball Tournament,
Black Hills Workshop gymnasium.

February 25-Polar Plunge, location to be announced.

March 9-10-State Basketball Tournament, Yankton.

March 6-Bowling Banquet, 11 a.m. and 5 p.m. in the
BHW gymnasium.

April 27-Area Track Meet, Sioux Park, Rapid City.

April 28-Area Aquatics Meet, Sturgis Rec Center.

May 17-19-State Track Meet, Black Hills State Uni-
versity, Spearfish.

**For information on any of these events, contact Joe
Burmeister at 593-1144.**

Volunteer for FUN!

**Black Hills Workshop needs volunteers
to assist in our
Health, Fitness & Sport Center.**

**Assist people with disabilities with treadmills,
strength training, Nintendo Wii, basketball,
and other activities.**



**Contact Black Hills Workshop Volunteer Coor-
dinator Derek Dalen at 343-4581 ext. 231
Black Hills Workshop, 3603 Range Road.**

If you would prefer to receive the Exchange via e-mail, please send your e-mail address to drosby@bhws.com. Your information will not be shared with other organizations.