

# THE EXCHANGE

*Published for parents, family members, and guardians  
of individuals served by Black Hills Workshop*

*January/February 2008*

## **History of Developmental Disabilities & 50 Years at Black Hills Workshop Film Presentation and display**

**Two dates and multiple showings**

**Thursday, February 21st**

**1:30 p.m. – 2:30 p.m.**

**or**

**6:30 p.m. – 7:30 p.m.**

**Friday, February 22nd**

**7:30 a.m. – 8:30 a.m.**

**or**

**9:00 a.m. – 10:00 a.m.**

**Black Hills Workshop  
Resource & Support Center  
3650 Range Road  
Refreshments served**



**Black Hills  
Workshop**

*Setting the Standard  
for Five Decades*

## **Training available to families**

Families of those we serve are welcome and encouraged to attend the training we make available to our staff. Upcoming training opportunities include:

1. Effective Communication, starting March 6 and running for 10 weeks, 9 a.m. - 11 a.m.
2. CPR training -12:30 – 3:30 pm, February 19.
3. CPR Certification 9 am – noon, March 10.
4. Literacy Council tutor training, March 13, 5 p.m. - 9:30 p.m. and March 15, 8:30 a.m. - 4:30 p.m.

(Additional details available through the Literacy Council)

All events take place at the Black Hills Workshop's Resource and Support Center, 3650 Range Road. For information, contact Michelle Aman, 718-6286.

## **BHW SHARE distribution site**

SHARE is a nonprofit, food-buying club that offers grocery products at reduced cost through a volunteer-run, community-based distribution system. Members save up to 30-60% on many of the same products you would find in a supermarket. Anyone who wants to save money on food can be a member of SHARE. Everyone qualifies; SHARE is not based on income, age, physical capabilities, etc. Pick up a flyer at the front desk at the Black Hills Workshop Resource and Support Center or at Black Hills Workshop Industries, fill out the order form, and turn in. Pay when you order with cash or check. Checks should be made out to SHARE. Orders are then available in the Black Hills Workshop gymnasium on scheduled distribution days.

*The Exchange* is published bimonthly by the Black Hills Workshop for parents, family members, and guardians of the individuals we serve. Comments and questions are encouraged and may be addressed to Dorothy Rosby, Editor, Black Hills Workshop, Box 2104, Rapid City, SD 57709; call (605) 718-6205; or email [drosby@bhws.com](mailto:drosby@bhws.com). We also appreciate your keeping us up to date on your address changes, corrections, or duplicate mailings.

**46th annual  
Black Hills Workshop**

**Pancake Feed**

**Sunday, February 24  
8 a.m. - 2 p.m.**

**At the Black Hills Workshop  
Sponsored and hosted by the  
Rushmore Lions Club**

**Admission \$5.00  
Children 8 and under eat free**

**Proceeds will go toward an  
on-call alarm system for  
one of our group homes.**



**Mark your calendar**

**February 17-Valentines Dance**, BHW gym, 2-4:30. King and queen will be selected. There will be door prizes and dancing to music by Live Wire Productions.

**March 1-** Polar Plunge! Fund raiser for Secial Olympics, 11-1 at the Memorial Park Lake.

**March 7-9-State basketball tournament**, Corn Palace in Mitchell.

**March 11-**Bowling Banquet, 11:30 for morning bowlers, 4:30 for afternoon bowlers at Black Hills Workshop Gymnasium.

**March 24-**Track and field practice begins, Black Hills Workshop Gymnasium. Two sessions, 10 a.m. and 5 p.m.

**For information on any of these events, contact Bill Clucas at 718-6288.**