

Shoptalk

August 2010

Gala Winners selected

Congratulations **Richard Booth, Matthew Blauvelt, Benjamin Roth, and David Tanner** who have been selected to receive Outstanding Achievement Awards at our annual Recognition Gala on Saturday, November 6, at the Rushmore Plaza Civic Center.

The Gala is our chance to recognize those who have made outstanding progress at Black Hills Workshop as well as organizations and individuals who help to make their success possible. **Andrea Schaefer**, Director of Barefoot Dance Studio and Outright Dance Theatre, will receive our Community Connection Award for creating opportunities for people from Black Hills Workshop to participate in mixed-ability dance. **Forest Recreation Management** and the **Forest Service** will receive our Volunteer Award for coordinating the annual *Experience the Outdoors Day* which many people from Black Hills Workshop participate in each year.

For more information about the Gala, contact JoAnne Schriver at extension 204.



Winners of the 2010 Outstanding Achievement Awards: Richard Booth, Matthew Blauvelt, David Tanner and Ben Roth. They will be honored November 6 at the annual Recognition Gala.



Shawn Bifulco's self-portrait to hang at the Smithsonian



As part of its 40th anniversary celebration, ANCOR (American Network of Community Options and Resources) will present an exhibit of self-portraits by individuals served by its member providers. The portraits will be presented at a party September 13 at the Smithsonian American Art Museum, National Portrait Gallery. According to coordinators, the show will provide an opportunity to see through the eyes of people with disabilities, reinforcing the message ANCOR members have been sharing for four decades: the value of individuals with disabilities as contributing members of our communities. Later ANCOR intends to use the submitted artwork to create a permanent installation at ANCOR National Headquarters in Alexandria, Virginia. All pieces, including Shawn's which is shown above, will be photographed and ANCOR may also use the images to create note cards, calendars and other items for sale.

*Published monthly for employees of BH Services, Inc.
and Black Hills Workshop & Training Center.*

Chantil Wilkerson

Simply the Best!

Congratulations **Chantil**

Wilkerson, who has been selected as Black Hills Workshop's Excellence in Service Award nominee. She and nominees from other facilities will be honored at Simply the Best September 15-16 in Chamberlain. The award is presented to direct support professionals for outstanding service and performance. Chantil has been in the disability field for 17 years and is currently a pre-vocational instructor in the sensory area.



Verifying your pay stub, sick and/or vacation balances

When you review your pay stub each payday, questions may arise about sick and/or vacation balance. The amount showing on your pay stub is the exact amount that was showing as a balance the minute your pay stub printed. The balance is updated daily. Whatever hours have been added and approved will update on the day of the request. You can always review your sick and vacation balance in the AS400 as follows:

Staff Information

Staff Vacation/Sick

This screen shows your current sick vacation balance. Put a 5 (to view) on the line to the left of your name.

Enter

This screen shows you monthly sick vacation used and earned.

F13 (Or Shift F1)

This screen shows you daily sick, vacation, leave without pay, holiday, dates, and hours. If you have any questions or concerns, please e-mail Marie Greenfield-Sahli, Payroll Manager.



VISTA to help create volunteer program

Since its inception, BHW has benefitted greatly from the work of volunteers. Volunteers have assisted with everything from Special Olympics and other recreational activities to fund raising and special events. Ever

tightening budgets, combined with the desire of those we serve to live more active lives, make volunteers even more critical to our mission.

We're happy to welcome Mike Kaiser, an AmeriCorps VISTA (Volunteers in Service to America) who will be assisting us to develop a more formal volunteer program than we currently have. Mike is in the process of assessing the needs of our agency and the Rapid City community to see how we can create a pool of volunteers to assist us with community activities as well as develop volunteer opportunities for the people we support. "My goal is to create a position for a volunteer coordinator who could recruit, train, and oversee volunteers for the entire Black Hills Workshop."

Mike is a graduate of Indiana Wesleyan University. He is originally from Rapid City but says he was not aware of the scope of the Workshop. He will be with us for one year.

Suzie Cappa artists to show work at the Dahl Arts Center

Artists from the Black Hills Workshop's Suzie Cappa Center for Art Expression and Enjoyment will show their work at the Dahl Arts Center from September 1-October 4 with an Artist's Reception Friday, September 3, from 5-7. The show, titled *Face Ahead*, will showcase 50-55 Styrofoam heads that have been sculpted into a variety of designs. Also on display will be the new book created by Julie Kowalski, a former volunteer at the Suzie Cappa Center. The book features black and white photos of fifty-one people served by Black Hills Workshop, some with artwork they created at the Suzie Cappa Center. *Face Ahead* will be held in the Dahl's Education Center; enter through Kansas City Street doors.

Mark your calendars

Open house at the Suzie Cappa Center

There will be an open house at the Suzie Cappa Art Center's gallery and studio located at 3603 Range Road on October 21 from 4:30-7 p.m. Everyone is welcome.

Employee picnic at Cedar Canyon Camp



Amy Jobgen and Richard Harrington grill at the employee picnic on July 24 at Cedar Canyon Camp. Thank you management for sponsoring the event and thank you EE Team for all of your efforts to make the event so terrific. The EE Team is made up of Amanda Anker, Amie Bach, Amy Jobgen, Amy McGlade, Chantil Wilkerson, Colleen Allen, Connie Hieb, Dawn Wozna, Kelly Delker, Richard Harrington, Shelley Wilson, and Tara Blasius. Thank you all!

VITA comes to life

Congratulations **Branden Schlaht, Steve Lanphere, Dean Baker, Karrin Rolfstad, Betti Jo Bsharah, Nancy Weiss, and Shad Bebout** on your appearance in VITA July 29-31. Thank you also to the Workshop staff, Brad Winter, JoAnne Schriver, Brian Munsell, and Sheila Muehlberg, who supported the production. It was awesome! In case you missed it, VITA is a mixed-ability movement piece featuring modern dance and acting by performers with and without disabilities. It was written and directed by Heather Pickering with choreography by Andrea Schaefer.



The cast of VITA.

Congratulations Justine and Suzette

Justine Ashokar, Community Transitions counselor, and **Suzette Coy**, service coordinator with the Community Support Service department, have been selected for our new behavior specialist positions. Both Suzette and Justine already hold masters degrees, but will be continuing their education. They will be starting full time in their new positions around October 1.

Black Hills Workshop participates in ADA activities

Shad Bebout and another member of Outright Dance Theatre performed a duet on Sunday, July 26 as part of Rapid City's Americans with Disabilities anniversary celebration. And People First worked with the Suzie Cappa Art Center, Western Resources for disAbled Independence, Staging Grounds, and the Daisy House to provide an art experience on Thursday, July 29 during Summer Nights. Participants created a 5 by 7 foot canvas (see below) emphasizing sharing all abilities and working together in community. The project was partially funded by the Council on Developmental Disabilities.



Happy 25th Anniversary BHWI

BHW Industries opened in August of 1985 to reduce crowding in the main facility on Range Road. In the then newly renovated building, sixty people received services and worked assembling ribbon cable and sorting static bags for Magnetic Peripherals. They were also packaging tourist information packets for South Dakota Tourism, a contract that continues today. A rope cutting and open house was held on September 22.



Marty Krause and Bob Birnie Power of B winners for July

Marty Krause and Bob Birnie are July’s Power of B winners for being their best and being supportive. They were nominated by Joseph Sabrowski for their support above and beyond when Joseph’s son was ill.

Look for Power of B nomination forms elsewhere in Shoptalk or on Lotus Notes. To locate, click on Agency Main; click on Staff (left-hand green buttons); then click on Staff Forms. Choose your location, choose B Recognition Award, launch the document and print. Send your nominations to Dorothy Rosby at RSC. Winners receive \$50 and their story will appear in Shoptalk.

Vince Horne celebrates 100 pound loss



Vince Horne loads food collected recently to celebrate his losing more than 100 pounds. More than 100 pounds of food was donated by BHW staff and donated to the Food Bank. Congratulations Vince! And thanks to everyone who donated food!

Native American Culture Celebration

Black Hills Workshop will celebrate Native American culture in October. Plans are still underway, but Mary Ann Blanchard, one of the organizers, says we can look forward to arts and crafts, food, and presentations. Dallas Chief Eagle has also agreed to return for hoop dancing demonstrations. If you have suggestions or would like to participate, contact MaryAnn at extension 340 or Amy McGlade at extension 360.

Thank you!

Thanks to **Bob, Jay, Eric, and Royle** for doing a great job of covering the contract while I was out of the office. You all stepped up without a problem and it’s greatly appreciated. Also, thank you **Marty** for your support during a difficult time.

Joseph Sabrowski

Welcome new employees

We’re glad you’re here!

- | | |
|-------------------|-----------|
| Brenna Lanoue | BHWI |
| Merissa Parette | Hampton |
| Jennifer Cummings | Edwards C |
| Gretchen Brandt | Hampton |
| Connie Houchell | Hampton |
| Ravonna Schryvers | Fir |

**Doug Mart hours
second and fourth Wednesdays
1-3 p.m.**

or by special appointment!

Doug Mart provides free “shopping” for household items and clothing to people supported by Black Hills Workshop. It is located next to Community Transitions on Range Road.

Congratulations!

Congratulations to **Chris Wager** on his new position at BHW! Though we wish you the best in your new adventure, we also want you to know that you will be missed at St Cloud. Thanks for your years of dedication and flexibility.

Connie Melvin and the St Cloud Leadership Team

Congratulations **Hunter Plumman** on your new job at Perkins.

Dustin Eggleston

Congratulations to **Darra Woodward** on her promotion to community living instructor at St Cloud Apartments. We are so glad that you are up to this new challenge.

Connie Melvin and the St Cloud Leadership Team

Congratulations to **Lori Clanton** on her promotion to home manager at St Cloud Apartments.

Connie Melvin

The Switchboard would like to congratulate and welcome **Ranale Wiseman** as the new contract supervisor. Ranale has worked as an operator for over ten years at the Ellsworth Switchboard, and has previous supervisory experience.

Beth DuBay

A Walk in the Park **with Ups of Downs 2010 Buddy Walk** **and Chris Burke in Concert**

Saturday, September 18
Memorial Park Band Shell

9:00 Registration and Activities
10:30 Buddy Walk with Chris Burke
11:30 Lunch for Registrants
12:30 Concert by Chris Burke
and Joe & John DeMasi
Meet them at 1:30

The Buddy Walk registration form can be found elsewhere in this newsletter. ****Please note, it should be MAILED TO THE ADDRESS ON THE TOP OF THE FORM. BHW is not involved in registration.**

Congratulations Stephany!

Congratulations **Stephany Draper**. Stephany has completed the Community Transitions program and is going back to college in Madison where her family lives.



People 1st Meetings **You have a choice**

Friday, August 13 at BHWS
in the Art Gallery
1 p.m. to 2 p.m.

Or

Saturday, August 14 at the Public
Library in Conference Room A
11 a.m.-noon

Or

Friday, August 20 at BHWS Industries
1 p.m.- 2 p.m.

If you support someone interested in attending, they only need to attend one meeting.

YMCA Corporate Cup
September 30
Sign up today!!!!

Consumer Credit Counseling Classes

To pre-register call (605) 348-4550. All Classes are at NO CHARGE and, unless otherwise listed, are held in the Consumer Credit office at 2310 N. Maple.

Wednesday, August 4: Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m., Lessons 1-5

Wednesday, August 18: Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m., Lessons 6-9

Wednesday, August 25: Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 1-6

Tuesday, August 31: CheckWise, 6:00-8:00 p.m.

Wednesday, September 1: Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 7-12.

Wednesday, September 8: Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m., Lessons 1-5.

Wednesday, September 15: Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m., Lessons 6-9.

Wednesday, September 22: Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 1-6.

Tuesday, September 28: CheckWise, 6:00-8:00 p.m.

Wednesday, September 29, Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 7-12.

Wednesday, October 6: Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m. Lessons 1-5.

Wednesday, October 13: Make Your Move...Guide to Home Ownership, 6:00-9:00 p.m. Lessons 6-9.

Wednesday, October 20: Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 1-6

Tuesday, October 26: CheckWise , 6:00-8:00 p.m.

Wednesday, October 27: Credit When Credit Is Due, 6:00-9:00 p.m., Lessons 7-12.

OT Outlook

By Pam Ekberg

Preparing for travel with people who have special needs

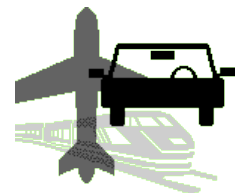
To help in making travel plans for people with special needs, the International Society of Travel Medicine (ISTM) has prepared a list of tips to minimize medical risks and help them have a safe journey.

1. Bring proper medical documentation, emergency phone numbers, and summary of medical records including medical problems, medications and drug allergies.
2. Use a travel professional and confirm special arrangements in writing. Most travel agencies can help with routine requests for tours, lodging and transportation for travelers with a disability. Add at least 30 minutes to an hour towards your travel schedule to ensure that the special services are in place.
3. Consider hiring medical help in advance if special care is needed. The travel professional can help find a local nursing agency to provide reliable nursing aid or help with daily health maintenance during the travel.
4. Keep a full supply of all medications in original containers, plus an extra supply in case there are delays in returning home. Medications should be carried in hand luggage for aircraft and ground transportation.
5. Review web sites that cater to travelers with disabilities that can address many of your questions such as where to rent wheelchairs, electric carts, or vans.
6. Don't overextend the itinerary while traveling. Physical activity can be very strenuous and changes in diet and climate can have health consequences for travelers with special needs.

Web site resources:

www.access-able.com

www.mossresourcenet.org



Calendar

Buddy Walk-September 18

Optimists Walk & Run-A-Thon-September 18

Dahl Show, Artists Reception-September 3

YMCA Corporate Cup-September 30

Open House Art Center-October 21

Recognition Gala-November 6

Happy birthday

Marta Ellsworth	4
Jolene Nichols	5
Vallene Morris	6
Tara Wilcox	7
Margaret Schuman	7
Martine Kesteman	7
Alison Coleman	8
Carrie Jacobson	8
Brittney Ladue	8
Dorothy Rosby	9
Susan Norskov	10
Isaac Cooper	11
Kyle Ross	11
Rodney Clanton	11
William White	12
Joseph Sabrowski	12
Dennis Bishop	13
Lori Cook	14
Albert Dominguez	14
Mary Corneliuson	15
Christopher Elia	15
Vince Horne	17
Tara Blasius	17
Amanda Lathrop	17
Martha Black	19
Angela Flanagan	19
Colleen Van Dam	20
Mary Jenniges	22
Lindsay McPeck	22
Shannon Moore	22
Violet Geiger	23
Kitra Willmes	24
Linda Snipes	24
Melissa Evenson	26
Lissa Marotz	26
Cheryl Hurley	26
Kevin Shepard	27
Connie Houchell	27
Alpheia Vopat	28
Donald Young	29
Beverly Dixon	31

September

Amanda Garlock	1
Gus Gustke	3



Employment anniversaries

Tara Wilcox	14 years
Michelle Aman	31 years
Brenda Bertrand	12 years
Julie Bryant	1 year
Laura Gibson	24 years
Deloris Frank	12 years
Sara Giles	1 year
Gus Gustke	23 years
Gary Lawler	22 years
Lori Valandra	26 years
Sherry Lytle Brady	20 years
Susan Norskov	19 years
Paula Pederson	10 years
Mandi Trebbe	6 years
Phyllis Rensch	27 years
Cynthia Carner	5 years
Ellen Sylliaasen	19 years
Paul Warren	8 years
Shirley Winter	11 years
John Curtis	3 years
Robert Matthews	13 years
John White	5 years
Kirstin Hathorn	4 years
Michelle Klick	4 years
Jason Grant	3 years
Lisa Huschle	3 years
Amber Massey	3 years
Gail Mai	3 years
Jennifer Trewatha	3 years
Amy Kelley	3 years
Jack Geyer	3 years
Shirley Milne	3 years
Trena Garlick	2 years
Kitra Willmes	2 years
Dustin Eggleston	2 years
Jill Jones	2 years
Elizabeth Kellerman	2 years
Kevin Shepard	2 years
Melissa Myers	2 years
Catie Haich	2 years
Cara Keyser	1 year
Linda Bak	1 year
Christine Ducheneaux	1 year
Malinda Hollandsworth	1 year
Nicole Roberts	1 year
Ellie Altman	1 year
Julia Ware	1 year

“B” Recognition Award



Name of the staff person you'd like to recognize: _____

Title of the person you are recognizing: _____

Department of area they work in: _____

What you'd like to recognize them for: Check the 'B' that applies with the example of the 'B' they demonstrated. Please be specific.

- For Being Respectful of Others
- For Being Accountable
- For Being Your Best (Their Best)
- For Being Supportive

Your name and title: _____

















Your department or area: _____

Please send this form to Dorothy Rosby at RSC. Your nominee could be selected to receive the \$50 prize and be featured in *Shoptalk*. Feel free to make copies of this form for additional people you'd like to recognize.

2010 WORK RELATED ACCIDENTS

**2010 |
Accident
Free**



		July work related accidents reported	July accidents requiring medical attention	July work accidents resulting in lost time	Total thru July 2010 work accidents reported	Total 2009 work accidents reported
BHWS Admin						1
Mfg/Production/Elderly cc:17					1	1
Kitchen						0
Sensory/Lettershop/Suzie Cappa		1			2	4
Hospital Contract					2	2
BHWI Admin						0
Production						0
Community Transitions						1
Community Homes					1	4
Concourse Enterprise Admin						0
DLT						0
Production					1	1
Edwards A		1			3	2
Edwards C						0
Edwards D					2	2
Enclave		1			6	5
Fir					6	12
Hampton		1			2	3
Indiana					2	3
Johns					3	3
Lacrosse						1
Maintenance					2	3
Mechanics					3	1
Minnesota					4	6
Parkview						2
Quincy					3	3
Resource & Support (Service Coord/Nursing/CSS)		1	1		5	4
RSC						0
Sitka						8
St Cloud						7
Wisconsin		3	2	1	6	9
BH Services Admin						0
Bandit Inn					4	3
Commissary		1			4	1
Custodial/Janitorial					7	18
Drivers (EAFB & OPC)						2
Offutt Commissary					6	10
Offutt Food Service					4	7
Supply Store						0
Switchboard						1
Totals		9	3	1	79	130



KNOLOGY®

Presents

A Walk in the Park with Ups of Downs 2010 Buddy Walk with Chris Burke in Concert!

Please complete this form - make checks payable to Ups of Downs and mail by September 1, 2010 to: Ups of Downs - PO Box 9005 - Rapid City, SD 57709.

By mailing prior to September 1, 2010 you will be **pre-registered** and will not need to register again the day of the event. Registration includes the walk, lunch, t-shirt(s), concert, and family activities.

Name of Walker/Family _____ Total # of Walkers _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

Yes, I want to register for the Buddy Walk™

(Registration includes the walk, lunch, t-shirt(s), concert & family activities)

Individual Registration - \$10

Household Registration (Up to 4 people) - \$30

Additional Household Members are \$5, # of Additional Members _____ @ \$5 Total \$ _____

No, I cannot participate, please accept my donation to help promote the awareness, acceptance, and inclusion of individuals with Down syndrome

\$10 \$20 \$50 Other _____

Memory T-Shirt(s) - \$10 each if not included with registration

Total # of T-Shirts _____

Size/Quantity - YXS YS YM YL S M L XL 2XL 3XL

I have enclosed my payment of \$ _____ cash check for my registration, t-shirt(s), or donation.

Waiver: In consideration of me and/or my minor child being permitted to participate in the Buddy Walk™, I do hereby - for myself, my heirs and personal representatives assume any and all risks which might be associated with the event(Buddy Walk™). I further waive, release, discharge and covenant not to sue *Ups of Downs Family Support Group*, its officers, employees, sponsors, organizers, volunteers, other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child as a result of taking part in the events and any related activities. I also authorize the use by *Ups of Downs Family Support Group* of any photo, film or videotape taken of me or my minor child at the event for any purpose.

Signature _____ Date _____

THIS REGISTRATION IS NOT VALID UNLESS SIGNED and DATED.

